Ideas for Afternoon Activities Years 3 – 6.

Food Cupboard Recipe of the week:
Why not make these flapjacks with an adult?

Ingredients:
250g porridge oats
125g butter
125g light brown sugar
2-3 tbsp golden syrup

Method:
Heat oven to 200C/180C fan/gas 6.
Put 250g jumbo porridge oats, 125g butter, 125g light brown sugar and 2-3 tbsp golden syrup in a food processor and pulse until mixed (or mix by hand), but be careful not to overmix otherwise the oats may lose their texture.

Lightly grease a 20x20cm baking tin with butter and spoon in the mixture. Press into the corners with the back of a spoon so the mixture is flat and score into 12 squares.

Bake for around 15 minutes until golden brown.

PSHE – Mindfulness challenge.
With members of your family, go ‘Cloud busting’. If you can, lay down outside and look up at the sky. DONOT look at the sun but look at the clouds. What shapes or objects can you see? What can your family members see? Can you see the same things? (Let your imagination run wild!) Can you tell a story about what you can see?

Science – Learn about the classification of animals by using this link to BBC bite size.
https://www.bbc.co.uk/bitesize/topics/zn22zp4
Find out about vertebrates and invertebrates too!
Watch the video and take the quiz.

Geography – Choose a country from Europe that you would like to visit. Research a famous landmark that can be found in this country and then choose one of these to do (you could do them all if you wish)
1. Draw a picture of the landmark.
2. Write a fact sheet about the landmark.
3. Write a diary entry about visiting the landmark.

PE – Get active!
Create your own obstacle course for your family to complete. It might include dribbling a ball, skipping, throwing a soft beanbag or beanie, bouncing/ hopping or even balancing. Be as creative as you can with items from around your house but always ask permission to use things if they don’t belong to you. How quickly can each member of your family complete the course?

W/B: 13.4.20
Choose from this selection of activities to complete in the afternoons this week – you do not need to do them all. Some activities may take longer than others and do not need to be done in one afternoon. Take your time and enjoy working either on your own, with your brothers/sisters or with someone else in your household. If you can, take pictures of your efforts and send them to your teacher via your class email.

History – Can you create a fact file about Florence Nightingale explaining who she was? Why do you think some hospitals are named after her?
Create your own rainbow to show support for the NHS.

Art – Can you re-create ‘The Sunflowers’ by Van Gogh using the technique of collage? (You could colour bits of paper and stick them together to create the shape of the flowers or use different objects)